

UPDATED 1ST JULY 2019

NAPIERS LYME CLINIC

Dear Patient

The Napiers Lyme Clinic has been recommended to you to help with the herbal treatment of Lyme disease. Napiers is a traditional herbal medicine clinic founded in 1860 – possibly the oldest continuous herbal practice in the UK today. The Lyme Clinic is a group of practitioners who are qualified Medical Herbalists, Nutritional Therapists and a Research Herbalist specialising in Lyme and other crypto-infections.

Our aim is to help you recover with the right combination of herbs tailored for you. This may be a mix of Western herbs, Buhner and Cowden protocol herbs or Chinese herbs. Some will act as herbal antibiotics or support the antibiotic therapy from your doctor. Other herbs will address areas such as fatigue, brain and memory problems, joint, muscle or nerve pain, cardiac, thyroid, gut and hormonal issues. Your herbal prescription will be prescribed specifically for you after a consultation lasting an hour. We will also check what drugs you are taking to ensure that there are no interactions or contraindications that you, or your doctor, need to be aware of. We record what we do and, with your consent, we share anonymised information and data with each other so that we can always offer the best advice in combatting stealth infections. We will always treat your case with the strictest confidentiality. We will also help you to make sense of the many supplements you may be taking or have heard about, and help you to rationalise what you are taking to suit your budget.

As a first step, please fill in the form below before your appointment, and return it to us. We look forward to helping and supporting you on your journey back to full health.

Monica Wilde
MSc Research Herbalist and Director
on behalf of the Napiers Lyme Clinic

ABOUT YOU

Name		Date of birth	
Address		Town/City	
		Postcode	
		Country	
Telephone		Email	
Height		Weight	
Next of kin		Next of kin email or telephone	
G.P. doctor		G.P. email or telephone	
Referring Lyme doctor/specialist		Specialist's email or telephone	

We will ask about the infections on the next page. Which are the *symptoms* that you would most like to address first?

1	
2	
3	
4	
5	

NAPIERS the HERBALISTS

Herbal Supplements/continued. (please list all herbs included if a formula)

Name of medication	Dose, Form, Frequency	What condition do you take this for?	Are you happy with this? Do you experience any side effects?

Previous medications/supplements (please list anything else that you'd like to tell us about)

Name of medication	Dose, Form, Frequency	What condition did you take this for?	Were you happy with this? Did you experience any side effects?

YOUR MEDICAL TREATMENT

When did you start/when will you end treatment with your doctor? Are you being treated on the NHS/private? Please let us know anything useful that your doctor has advised you of.

YOUR HERBAL TREATMENT

We would prefer to see you in person to ensure we give you the best treatment. However we realise that this is not always possible and can provide a telephone or Facetime/Skype consultation. Please check the box next to your preference.

Napiers Bathgate	<input type="checkbox"/>	Napiers Edinburgh	<input type="checkbox"/>	Napiers Glasgow	<input type="checkbox"/>	Telephone appt	<input type="checkbox"/>	Online	<input type="checkbox"/>
Have you been referred to a specific herbalist? If so, please give us their name									

NAPIERS the HERBALISTS

Your Experience Please give us a brief history of your illness and anything further you'd like to mention? Do email us more on another document if you would like to. You may also wish to send any test or lab results, or notes that you have been keeping, to help us understand your case fully. Please also let us know if you are on Income Support.

Please save this form with your name in the file name e.g. Napiers Lyme John Doe.pdf and email it to your assigned practitioner (if you have their details) or to advice@napiers.net
If you need any help regarding the Lyme Clinic please contact us on 0845 002 1860 (from overseas +44 1506 353 786)

NAPIERS ADDRESSES

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